**ADL Calculation**

**Step 1:** To calculate the score of Bed Mobility (G0110A), Transfer (G0110B) and Toilet Use (G0110I), use the following chart. The eating ADL calculation will begin in Step #2.

<table>
<thead>
<tr>
<th>Column 1</th>
<th>Column 2</th>
<th>ADL Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 or 1 or 7</td>
<td>and</td>
<td>any number</td>
</tr>
<tr>
<td>2</td>
<td>and</td>
<td>any number</td>
</tr>
<tr>
<td>3, 4</td>
<td>and</td>
<td>0, 1 or 2</td>
</tr>
<tr>
<td>3, 4 or 8</td>
<td>and</td>
<td>3 or 8</td>
</tr>
</tbody>
</table>

**Step 2:**

**a)** To complete the Eating ADL Score calculation use the criteria below:

K0510A, 1or 2 = checked  
K0510B, 1or 2 = checked + K0710A3 = 3  
K0510B, 1or 2 = checked + K0710A3 = 2 + K0710B3 = 2  
**ADL Score = 3 OR ADL Score = 3 OR ADL Score = 3**

**b)** If no parenteral/IV (K0510A, 1or 2) or feeding tube (K0510B, 1or 2) return to G0110H to calculate the eating score using chart below:

<table>
<thead>
<tr>
<th>Column 1</th>
<th>ADL Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 or 1 or 7</td>
<td>= 1</td>
</tr>
<tr>
<td>2</td>
<td>= 2</td>
</tr>
<tr>
<td>3, 4 or 8</td>
<td>= 3</td>
</tr>
</tbody>
</table>

**Step 3:** The total ADL Score range possibilities are 4 through 18 and include the ADL sum for G0110A, G0110B, G0110I and the eating score. An ADL score of 4 represents the most independent resident while a score of 18 represents the most dependent resident.

**Extensive Services - ADLs >= 7**

1. Parenteral/IV (K0510A, 1 or 2)  
2. Suctioning (O0100D, 1 or 2)  
3. Tracheostomy Care (O0100E, 1 or 2)  
4. Ventilator/Respirator (O0100F, 1 or 2)  
5. IV Medication (O0100H, 1 or 2)

**Ext. Service Count**  
4 or 5 **SE3**  
2 or 3 **SE2**  
0 or 1 **SE1**

**Evaluates for Special Care, Clinically Complex, Impaired Cognition for the total Extensive Services Count**

**Rehabilitation - ADLs = 4 - 18**

<table>
<thead>
<tr>
<th>Criteria #1</th>
<th>ADL Score</th>
<th>RUG-III</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ 150 minutes or more (total) of therapy (O0400A,B,C)</td>
<td>14 - 16</td>
<td>RAC</td>
</tr>
<tr>
<td>✓ At least 5 days of any combination</td>
<td>10 - 13</td>
<td>RAB</td>
</tr>
<tr>
<td>OR</td>
<td>4 - 9</td>
<td>RAA</td>
</tr>
</tbody>
</table>

**Criteria #2**

✓ 45 minutes or more (total) of therapy (O0400A,B,C)

**Special Care - ADLs >= 7**

1. Cerebral Palsy (I4400) with ADLs >=10
2. Quadriplegia (I5100) with ADLs >=10
3. Multiple Sclerosis (I5200) with ADLs >=10
4. Fever (J1550A) and at least one of the following:
   - Pneumonia (I2000)
   - Vomiting (J1550B)
   - Dehydration (J1550C)
   - Weight Loss (K0300)
   - Feeding Tube (K0510B) *

**ADL Score**

17 - 18 **SSC**
15 - 16 **SSB**
7 - 14 **SSA**

**Feeding tube classification must include:**

1. 51% or more calories (K0710A3) **OR**
2. 26-50% calories (K0710A3) and 501cc (K0710B3) or more per day enteral/parenteral intake

6. Two or more ulcers at any stage (M0300A, B1 and M1030) including 2 or more skin treatments**
7. Any stage 3 or 4 pressure ulcer (M0300C1, D1 and F1) including 2 or more skin treatments**

**2 or more skin treatments:**

1. Pressure relieving device chair/ bed (M1200A, B) (Count as one even if both provided)
2. Turning/repositioning program (M1200C)
3. Nutrition or hydration intervention to manage skin problems (M1200D)
4. Pressure ulcer care (M1200E)
5. Application of non-surgical dressings other than to feet (M1200G)
6. Application of ointment/medication other than to feet (M1200H)**

(Continued)
### Special Care ADLs >= 7 (continued)

8. Open lesions (M1040D) including 1 or more skin treatment**
9. Surgical Wounds (M1040E) including 1 or more skin treatment***
10. Radiation Treatment (O0100B)
11. Respiratory Therapy (O0400D) provided for 7 days

### Clinically Complex - ADLs = 4 - 18

1. Coma (B0100) and ADL self performance = 4 or 8
2. Pneumonia (I2000)
3. Septicemia (I2100)
4. Diabetes (I2900)
5. Hemiplegia/Hemiparesis (I4900)
6. Dehydration (J1550C)
7. Internal Bleeding (J1550D)
8. Infection of the foot (M1040A) and ADLs >= 2 days
9. Dressing and/or grooming (O0500G)
10. Diabetic foot ulcer/open lesions on the foot (M1040B, C)
11. Burns (M1040F)
12. Hemiplegia/Hemiparesis (I4900) with ADLs >= 10
13. Oxygen therapy (O0100C)
14. Spirometry (O0500H)
15. Dialysis (O0100J)
16. Physician Visits (O0600)/Physician Order Changes (O0700) in the last 14 days

### Impaired Cognition - ADLs <=10

<table>
<thead>
<tr>
<th>ADL Score</th>
<th>RN</th>
<th>RUG-III</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 - 10</td>
<td>2+</td>
<td>IB2</td>
</tr>
<tr>
<td>6 - 10</td>
<td>0-1</td>
<td>IB1</td>
</tr>
<tr>
<td>4 - 5</td>
<td>2+</td>
<td>IA2</td>
</tr>
<tr>
<td>4 - 5</td>
<td>0-1</td>
<td>IA1</td>
</tr>
</tbody>
</table>

### Behavior Problems - ADLs <=10

1. Hallucinations (E0100A)
2. Delusions (E0100B)
3. Physical behavior symptoms (E0200A) 4 or more days
4. Verbal behavior symptoms (E0200B) 4 or more days
5. Other behavior symptoms (E0200C) 4 or more days
6. Rejection of Care (E0800) 4 or more days
7. Wandering (E0900) 4 or more days

### Reduced Physical Function - ADLs = 4 - 18

<table>
<thead>
<tr>
<th>ADL Score</th>
<th>RN</th>
<th>RUG-III</th>
</tr>
</thead>
<tbody>
<tr>
<td>16 - 18</td>
<td>2+</td>
<td>PE2</td>
</tr>
<tr>
<td>11 - 15</td>
<td>2+</td>
<td>PD2</td>
</tr>
<tr>
<td>9 - 10</td>
<td>2+</td>
<td>PC2</td>
</tr>
<tr>
<td>6 - 8</td>
<td>2+</td>
<td>PB2</td>
</tr>
</tbody>
</table>

### Restorative Nursing Programs

**Measurable objectives and interventions must be documented in the care plan and in the clinical record.**
**Evidence of periodic evaluation by licensed nurse during observation period must be present in the clinical record.**
**Nurse assistants/aides must be trained in the techniques that promote resident involvement in the activity.**
**These activities are carried out or supervised by members of the nursing staff.**
**This category does not include exercise groups with more than four residents per supervising helper or caregiver.**

Prepared by Myers and Stauffer LC  DEDICATED TO GOVERNMENT HEALTH PROGRAMS